

Lutheran Senior Services Has Partnered with Gold's Gym to offer eligible employees a Fitness Benefit

CORE SERVICES:

- Latest Cardio and Weight Equipment
- FREE Group Exercise Classes: Yoga, BODYPUMP and More!
- Certified Personal Trainers
- Complimentary Fitness Assessments

Get to Know Gold's Gym

3-DAY VIP PASS

Must be local resident and at least 18 years of age or older. Local ID required. Not valid for any prior guest or member in the last 6 months. Not valid with any other offer. Some restrictions may apply. ©2017 Gold's Holding Corp.

Frequently Asked Questions:

How do I enroll in my membership?

Enroll through your Human Resources Department.

How much is the membership?

Your Corporate membership rate is \$21.99 +tax per month for you and each of your family members enrolled. There is no enrollment fee. Membership dues are payroll deducted by your employer.

How do I receive my membership ID?

Membership key tags can be picked up at the gym once your membership is active within 3 business days. Use your new member pass provided upon enrolling until your key tag is ready to access the gym.

If I am a current Gold's Gym member can I enroll?

Yes, enroll through your human resources department and on your enrollment form, check that you are a current member. Your current form of payment will be turned off and your charges will cease.

Are all amenities included?

All amenities are included except special programming (Gold's STUDIO™, personal training or special services like towels). Services that require additional fees can be purchased in the gym.

YOUR PERSONALIZED PLAN FOR SUCCESS

GOLD'S PATH™ is our signature results-based program and our commitment we make to every member.



With every membership WE PROMISE TO:

- Help you find YOUR starting point with a comprehensive fitness assessment
- Build YOUR path to success with a 12-week personalized plan
- Show YOU the ropes with ongoing support from certified fitness coaches
- Be with YOU every step of the way with coaching and mobile/online tracking tools
- Guarantee satisfaction with a 30-day money back guarantee

Visit goldsgym.com/corporate
for a location near you.



CORPORATE
WELLNESS